



## Good Shepherd Elementary Faith Formation 60-Day Rosary Challenge

In our elementary Faith Formation classes we are teaching more than just facts about our Church. We actively working with our students to give them resources to grow their faith and live the virtues. How do we pray for virtue? How can we learn to be more like Jesus?

### **We can pray the Rosary!**

Each year, our faith dedicates special times to give reverence to our Blessed Mother. In October and May we celebrate Mary and the gifts she has given us in the Rosary.

Students in Elementary Faith Formation will be spending time during their classes learning and practicing the Rosary. We will also recite the Rosary together at different times of the year. Parents and family are always welcome to join us for Rosary time!

### **What is a Rosary?**

A Rosary is a simple way to prayerfully reflect on the Gospel of Jesus, the Trinity, and the Holy Family. The Rosary prayers help us focus on the life and miracles of Jesus, through the eyes of his Mother, Mary.

In the Rosary prayer you make use of both [vocal](#) and [mental prayer](#). Vocal prayers are the prayers we say out loud. Mental prayer is meditating upon the [Rosary Mysteries](#) which tell the life of Jesus and his mother Mary.

In March, we begin our 60-Day Rosary Challenge. All students are asked to dedicate a little time each day praying with our Blessed Mother. To the best of their ability, each student should try to pray the Rosary with their family each day for the 60 days. Our challenge ends just in time for Mother's Day.



## **Rosary Prayers:**

### **Sign of the Cross:**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

### **The Apostles' Creed:**

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### **Our Father:**

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we - 9 - forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

### **Hail Mary:**

Hail Mary, full of grace! The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### **Doxology:**

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.

### **Fatima Prayer:**

O my Jesus, forgive us our sins, save us from the fires of hell and lead all souls to Heaven, especially those in most need of Thy mercy. Amen.

**Hail, Holy Queen:**

Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Queen of the most holy Rosary, pray for us.

R. That we may be made worthy of the promises of Christ.

Let us pray. O God, whose only-begotten Son by His life, death and resurrection has purchased for us the rewards of eternal life: grant, we beseech Thee, that meditating on these mysteries in the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise. Through the same Christ our Lord. Amen.